



About Gaffs!

A gaff is underwear designed to create a smoother, flattened front of the genital area.

Sizes & Measurements (approximately):

XS: 26"- 28" (hips)

Small: 28-30" (hips)

Medium: 32-34" (hips)

Large: 36-38" (hips)

XL: 38-42" (hips)

Notes from the manufacturer: These gaff thongs are made of 80% nylon and 20% spandex, and have a soft lining for comfort and cooling, while providing a smooth front. Comes in four sizes based on your hip measurement. Please note: These gaffs are slightly more narrow in the front than the ones previously in stock. The manufacturer suggests choosing one size smaller for a more secure fit. In addition these gaffs are treated with ChitoSante which is an anti-microbial agent derived from crab and/or shrimp shells, those with seafood allergies may want to keep that in mind if purchasing.

A few tips to help with wear and care of your new Gaff (This information supplied by the wonderful folks at Venus Envy)

Care: Hand or machine wash your gaffs in cold water, preferably in a mesh washing bag. Do not use any kind of bleach. Use gentle cycle when machine washing. Drip dry or flat dry, do not place your gaff in the dryer.

Wear: Thong style gaffs are put on like underwear. If you find your gaff is uncomfortable and your bits move around, you might want to wear another pair of thong or brief-style underwear under them.

Some general guidelines for gaff wear and care:

- Choose a gaff size that flattens your bits, but does not interfere with your ability to move around and does not cause pain.
- Try to give yourself a break from wearing gaffs to sleep and when you are doing exercise. Your skin will thank you!
- Some people like to push up their gonads (testes) into their inguinal canals. There are some great resources online on tucking and on inguinal canals. Feel free to ask questions about this or check in with trans-feminine communities online or in your area (or with us here at The Youth Project).
- People often sweat a bit more in their pelvic area when they wear a gaff. The humidity can cause rashes and some people get skin infections. Washing your gaff often with an unscented soap may help prevent rashes, alternating between machine wash on gentle, and hand washing will help prolong the "life" of the gaff.
- To reduce chafing due to sweating you may want to apply cornstarch, or wear it over thin cotton underwear.
- In general, wearing thicker materials or patterned bottoms make it harder for people to see the contours of your bits whether you are wearing a gaff or not.

If you suffer from persistent discomfort, pain, or rashes, or have any health other concerns from wearing a gaff, please consult a health professional. There are specific trans-positive organizations in several areas that can help you access accurate and respectful information.