



## Book List LGBTQ+ Support & Health Information for Youth

### Youth/Young Adult Health & Support:

- *Queer: The Ultimate LGBT Guide for Teens* by Kathy Belge & Marke Bieschke
- *This Book is Gay* by Juno Dawson & David Levithan
- *GLBTQ: The Survival Guide for Gay, Lesbian, Bisexual, Transgender, and Questioning Teens* (Revised & Updated Second Edition) by Kelly Huegel
- *The Social Justice Advocate's Handbook: A Guide to Gender* by Sam Killermann
- *Homophobia: Deal With it & Turn Prejudice Into Pride* by Steven Soloman
- *Transphobia: Deal With it & Be a Gender Transcender* by J Wallace Skelton
- *The Gender Book* by Mel Reiff Hill, Jay Mays, Robin Mack. Free download at <http://www.thegenderbook.com/>
- *The Gender Quest Workbook for Teens & Young Adults* by Testa, Coolheart & Pita

### Health & Support (not age specified):

- *Trans Bodies, Trans Selves: A Resource for the Transgender Community* by Laura Erickson-Schroth (Ed)
- *The Queer and Transgender Resilience Workbook* by Anneliese A. Singh
- *You & Your Gender Identity* by Dara Fox
- *How To Understand Your Gender: A Practical guide to exploring who you are*, by Alex Iantaffi & Meg-John Barker



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