# seahorse.jpg

# Book List LGBTQ+ Support & Health Information for Youth

# Youth/Young Adult, Non-Fiction & Support:

# Queer: The Ultimate LGBT Guide for Teens by [Kathy Belge](https://www.amazon.ca/s/ref%3Ddp_byline_sr_book_1?ie=UTF8&field-author=Kathy+Belge&search-alias=books-ca) (Author), [Marke Bieschke](https://www.amazon.ca/s/ref%3Ddp_byline_sr_book_2?ie=UTF8&field-author=Marke+Bieschke&search-alias=books-ca) (Author),

# This Book is Gay by Juno Dawson & David Levithan

* GLBTQ: The Survival Guide for Gay, Lesbian, Bisexual, Transgender, and Questioning Teens (Revised & Updated Second Edition) by [Kelly Huegel](https://www.amazon.ca/s/ref%3Ddp_byline_sr_book_1?ie=UTF8&field-author=Kelly+Huegel&search-alias=books-ca)
* The Social Justice Advocate's Handbook: A Guide to Gender by Sam Killermann
* Homophobia: Deal With it & Turn Prejudice Into Pride by Steven Soloman
* Transphobia: Deal With it & Be a Gender Transcender by J Wallace Skelton
* The Gender Book by Mel Reiff Hill, Jay Mays, Robin Mack. Free download at <http://www.thegenderbook.com/>

# Health:

# Trans Bodies, Trans Selves: A Resource for the Transgender Community by [Laura Erickson-Schroth](https://www.amazon.ca/s/ref%3Ddp_byline_sr_book_1?ie=UTF8&field-author=Laura+Erickson-Schroth&search-alias=books-ca) (Ed)

# You & Your Gender Identity by Dara Fox

# The Gender Quest Workbook for Teens & Young Adults by Testa, Coolheart & Pita


[www.youthproject.ns.ca](http://www.youthproject.ns.ca)
902-429-5429